

Prospectus 2020/21

Apply Online www.ofi.ie

SHAPE YOUR
FUTURE



Ó Fiaich Institute

FIND OUT MORE

VISIT US

If you want to find out what life is like at Ó Fiaich Institute, there are several opportunities to explore during our taster day sessions, Open Day events or by booking an appointment.

For more information see the Open Day section on www.ofi.ie

APPLY ONLINE

All applications are accepted through our website: www.ofi.ie
If you have any problems applying please contact 042 9331398 or email: info@ofi.ie

SOCIAL MEDIA

You can keep up to date on everything happening at Ó Fiaich Institute by following us on social media.



@ofidundalk



@ofidundalk



@ofidundalk

CONTACT COURSE COORDINATOR

Please complete a course enquiry form online on the course page and we will endeavour to answer your query.

LOCATION

Our main campus is based on the Dublin Road in Dundalk, Co Louth.



STUDENT ACCOMMODATION

There are a variety of accommodation options available for OFI students in Dundalk and the surrounding areas.

ANY QUESTIONS

If you can't find the answer to your question here or online please contact us on **042 9331398** or email: info@ofi.ie

CONTENTS

General Information	2
Funding	2
Progression	3
How to Apply	4
Entry Requirements	4
Why Choose OFI?	5
Prospective Students	6

Funding

2

PLC Courses

9

QUICK
FIND
PAGES

Pre-Uni Courses

40

Part-Time Courses

69

BUSINESS & COMPUTING

Information Technology & Mobile Computing	9
Marketing & Social Media Management	10
Business & Computing	11
Accountancy, Payroll & Human Resources	12
Retail Studies	13
Advanced Business & Computing	14
Advanced Mobile Computing Technology	15

BEAUTY, SPORT & WELL-BEING

Makeup Artistry	19
Holistic Health & Well-Being	20
Beauty Therapy	21
Barbering	22
Professional Hairdressing	23
Advanced Beauty Therapy	24
Airline, Cabin Crew & Tourism Studies	25
Sports Rehabilitation & Injury Management	26
Sports Conditioning & Exercise Performance	27
Sports, Exercise & Coaching	28
Advanced Health & Sports Performance	29

ENGINEERING & SCIENCE

Engineering Technology	33
Biomedical & Pharmaceutical Science	34
Pre-Apprenticeship Skills	35
Science & Laboratory Techniques	36
Animal Science & Care	37

PRE-UNIVERSITY

Pre-University Arts	40
Pre-University Architecture	41
Pre-University Business & Accounting	42
Pre-University Computing	43
Pre-University Physiotherapy	44
Pre-University Science/Agricultural Science	45
Pre-University Teaching	46
Pre-Garda & Security Studies	47
College Access Programme	48

CHILDCARE & HEALTHCARE

Nursing Studies	51
Healthcare Support	52
Applied Psychology & Social Studies	53
Youth Work (with SNA)	54
Early Childhood Care & Education (with SNA)	55
Pharmacy Assistant	56
Occupational Therapy Assistant	57
Advanced Health & Social Studies	58
Advanced Early Childhood Care & Education	59

ART & MEDIA

IT, Multimedia & Games	63
Film & TV Production	64
Art Craft & Design	65
Graphic Design	66
Photographic Studies	67
Fashion Design & Textile Studies	68

Excellent links to degree programmes in various Universities/
Institutes of Technology in Ireland, UK & Europe

GENERAL INFORMATION

650+



Students

45+



PLC/Pre-University
Courses

Achieve a
Qualification in



1 Year

2-6 week



Work Placements

100s



of Local
Employers
recruit our
Graduates

64%



Progression to
Higher Education

26%



Progression to
Employment

1,000s



of Career
Progressions

Many



Clubs & Societies

Unlimited



Opportunities

Funding

PLC Maintenance Grant (SUSI)

SUSI grants are available to eligible students attending full-time approved courses at OFI. Please visit www.susi.ie for eligibility criteria.

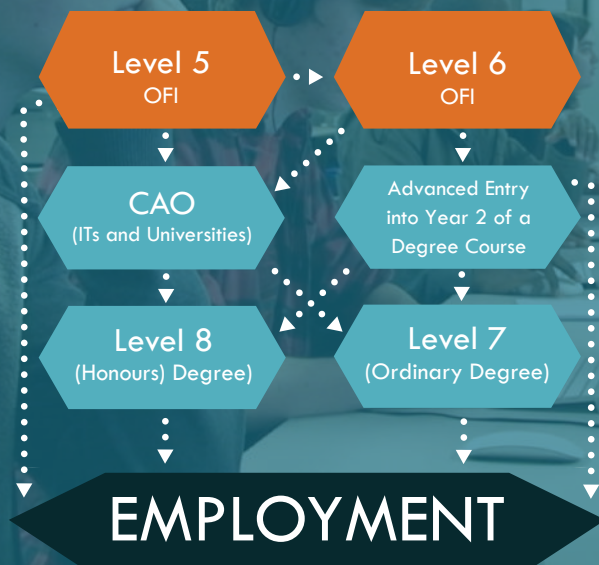
Back to Education Allowance (BTEA)

BTEA allows qualifying persons getting certain social welfare payments to get a social welfare payment while participating in approved full-time courses in further education.

HEA Fund for Students with Disabilities (FSD)

FSD provides funding to students with disabilities attending further education courses. This fund is administered by the HEA and is disbursed on the basis of applications made by the Institute on behalf of their students.

Progression Routes



National Framework of Qualifications (NFQ)



The NFQ describe the level of qualification being completed and indicates how learners can progress to other levels on the framework. Learners in OFI will complete Level 5 and Level 6 programmes with progression available to a wide variety of Level 6 Higher Certificate, Level 7 Ordinary Degree and Level 8 Honours Degree programmes.

Higher Education Links Scheme (HELs)

HELs gives learners the opportunity to use their QQI Level 5 or 6 major award to apply, through the CAO, for a place in the first year of a higher education programme. Applicants **MUST** check both the individual Higher Education institution and the CAO websites to ensure they meet any special or essential requirements for progression. Advanced Entry (Entry to Year 2 of a degree programme) may also be possible with linked Higher Education programmes with the successful completion of a QQI Level 6 award.

NEFHEA

Ó Fiaich Institute has developed an agreement with DkIT through the North East Further and Higher Education Alliance (NEFHEA).

Learners from OFI can progress to a variety of linked degree programmes on the successful completion of a QQI Level 5 Major award. Learners can also apply for Advanced Entry to Year 2 of linked degree programmes after the successful completion of a QQI Level 6 Major award.

Industry Links

Local business and industry links ensure our courses are designed to equip graduates with the practical skills, knowledge and experience to secure employment locally and also further afield. Close links have been developed with local employers and the business community over many years which is paramount to our student's success.

Application Procedure



Apply Online
www.ofi.ie



Interview
Shortlisting Process



College Place
Secure Your Place

<p>Ensure you apply as soon as possible.</p> <p>Online application process opens on 1st January.</p>	<p>Interviews are held in March/ May/August with places offered on a first come basis.</p> <p>Places are offered based on interview performance and suitability for the course.</p>	<p>You will be notified of your offer by email and post.</p> <p>Confirm your place by paying your booking deposit of €50.</p>
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Entry Requirements

All our Level 5 courses are open to school leavers (Leaving Certificate/Leaving Certificate Applied Students/A Levels/GCSE or equivalent), QQI Level 4 graduates and mature applicants.

A QQI Level 5 award is a prerequisite to access a Level 6 programme.

Certification

The majority of programmes in OFI are certified by Quality & Qualifications Ireland (QQI) at Level 5 or Level 6 on the National Framework of Qualifications (NFQ). Some programmes are certified by other awarding bodies including; International Therapies Examining Council (ITEC), International Academy of Travel (IAT), CompTIA and City & Guilds.

Note: All programmes run subject to demand. Course content may vary subject to funding/ resources available. All information stated is correct at time of printing and subject to change.



WHY CHOOSE OFI?

Guidance Services

Our Career Guidance Counsellor is available to all students to assist with exploring career and educational choices and ensuring successful transition to higher education, employment and/or further training.

Services offered include:

- Information sessions and follow-up one to one assistance with CAO, UCAS and EU College Applications.
- CV and Interview Preparation Workshops.
- Information on financial assistance available through SUSI, Back to Education, scholarships and other sources of funding.
- Up to date information on employment opportunities.
- Talks and/or visits to various Higher Education Institutes (HEI) - Institutes of Technology & Universities.

Students also have access to a confidential counselling service to support them with issues of a personal, social, educational nature.

10 Reasons to study at OFI

01

All courses are SUSI grant eligible

02

Progression opportunities available to ITs & Universities

03

Nationally and Internationally recognised qualifications

04

Gain a qualification in one year

05

Greatly enhanced career prospects

06

Strong links with business and industry

07

Industry based Work Experience & Employability Skills integration

08

Career Guidance and Pastoral Care available to all students

09

Dedicated & highly qualified academic staff

10

Low course fees for all programmes

PROSPECTIVE STUDENTS



OFI welcomes applications from all prospective students. From students completing the Leaving Certificate (including LCVP & LCA) or equivalent (A Levels, GCSE's etc.) to mature learners returning to education. We also encourage QQI Level 4 graduates or those currently unemployed to further their career prospects through a programme of study with us.

Mature Students

Returning to education might seem daunting, but we offer specific support to those who have had a break from education. Education is for everyone – regardless of age. Every year thousands of adults take the opportunity to develop themselves, and their careers.

There are many reasons why you might want to return to education. You might be looking to improve your job prospects, be considering a career change or you might simply have an interest in a certain field. Whatever your reasons for studying, we will provide you with all the supports needed to transition to college life and be successful.



School Leavers

Whether you have attended school in Ireland, Northern Ireland, the UK or further afield, we have a programme to suit your needs. We have a wide range of suitable programmes with internationally recognised certification that will enhance both your career and further education possibilities.



International Students

Ó Fiaich Institute welcomes applications from eligible international students. Help and advice is available for international students at every step of the application process and continues after enrolment onto your chosen programme.

Business & Computing



Information Technology & Mobile Computing	9
Marketing & Social Media Management	10
Business & Computing	11
Accountancy, Payroll & Human Resources	12
Retail Studies	13
Advanced Business & Computing	14
Advanced Mobile Computing Technology	15

TESTIMONIALS

“

My year in the Advanced Mobile Computing Technology gave me the academic confidence and skills that helped me make a comfortable transition to my degree course. The Advanced Level 6 qualification helped to develop various skills and gave me a better understanding of the IT Industry which has benefited me greatly in my further studies.

Emmett Conway | Advanced Mobile Computing Technology Graduate | 2018

I really enjoyed my year in the Business & Computing programme in OFI. I learned so much about the world of business through the various modules I studied. I also got great experience in researching subject material, time management and preparing and completing course work. The course opened up so many progression options to Higher Education and I have now progressed to study Law in Trinity College, Dublin.

Amanda Jonaiyte | Business & Computing Graduate | 2019

I have recently been accepted onto a Bachelor of Commerce Degree programme in Curtin University (Western Australia). The one-year Digital Marketing course in OFI helped me confirm that this career pathway was right for me. I really enjoyed studying Marketing, Social Media and Advertising and applying creative, original approaches to promote businesses/events. I thoroughly enjoyed my time in OFI and I would definitely recommend the Marketing & Social Media Management programme to others.

Caitlin Keenan | Marketing & Social Media Management Graduate | 2018

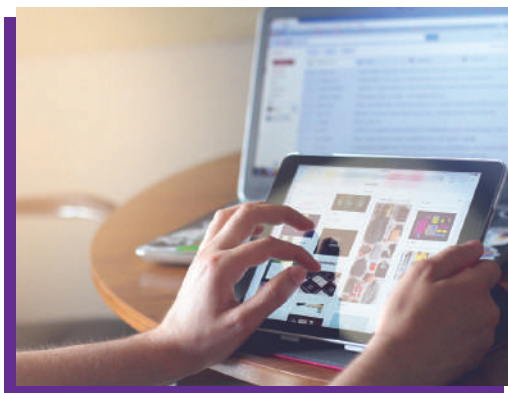
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INFORMATION TECHNOLOGY & MOBILE COMPUTING

This course has been designed to allow students to choose their own unique path in Information Technology specialising in Computer Programming, Web & Mobile Development and Office Applications. The programme will ensure that students have knowledge of the fundamental principles of computing which give students the opportunity to work in an industry with real rewards and excellent career prospects.

COURSE CONTENT

- Fundamentals of Programming
- Software Architecture
- Maths for IT
- Communications
- Work Experience
- Database Methods
- Web Authoring
- Computer Systems Hardware
- Mobile Technologies
- Desktop Publishing



CERTIFICATION

5M0529 QQI Level 5 Software Development

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- UCD | Computer Science | Level 8
- TU Dublin | Computer Science | Level 8
- UCC | Computer Science | Level 8
- DkIT | Computing | Level 8
- AIT | Software Design with Mobile Apps and Connected Devices | Level 8

**80% of
graduates
progress to
Higher Education
and/or
employment**

CAREER OPPORTUNITIES

Graduates progress to employment in various roles including:

**IT Support Engineer | Web Developer | Technical Support | Database Administrator |
Software Developer | Network Administrator | Systems and IT Administrator |
IT Application Support**

MARKETING & SOCIAL MEDIA MANAGEMENT

Marketing and Social Media professionals play a vital role in today's ever changing corporate sector. Social media is the "go to" destination for many businesses to showcase their products and services to reach customers. Learn how to maximise the business opportunities which powerful social media platforms provide with up to date business skills and expertise.

COURSE CONTENT

- Digital Marketing
- Marketing Practice
- Advertising
- Public Relations
- Behavioural Studies
- Work Experience
- Applied Economics
- Communication
- Desktop Publishing (elective)
- Spreadsheets
- Accounting Manual and Computerised



CERTIFICATION

5M2069 QQI Level 5 Marketing

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT | Digital Marketing, Communications & PR/ Business & Management | Level 7
- DCU | Business & Law/Marketing, Innovation and Technology | Level 8
- GMIT | Marketing and Sales | Level 7
- Maynooth University | Marketing | Level 8
- TU Dublin | Marketing Innovation and Technology | Level 8
- TCD | Global Business | Level 8

92.3%
of Marketing
graduates have
progressed to
work/further
study

CAREER OPPORTUNITIES

Graduates progress to employment in various areas including:

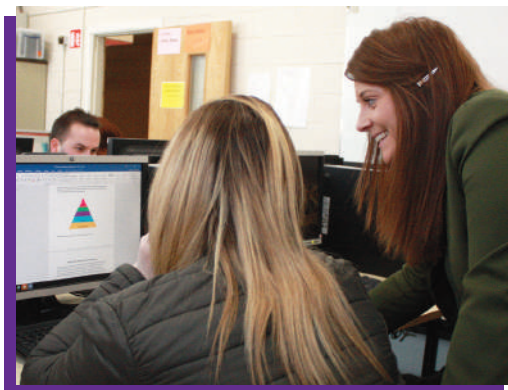
**Social Media Business Management | Independent Marketing Consultancy |
Marketing Agencies | Digital marketing | Sales | Advertising | Public Relations |
Market Research Entrepreneurship | Business Management**

BUSINESS & COMPUTING

This one year course can help you to develop the critical skills necessary to work in business. Students will gain a comprehensive understanding of the business environment and a broad knowledge of application software. The course provides a solid foundation for anyone wishing to advance to degree courses in colleges and universities such as DkIT, Maynooth University and DCU.

COURSE CONTENT

- Applied Economics
- Accounting Manual & Computerised
- Business Administration Skills
- Communications
- Database Methods
- Desktop Publishing
- Spreadsheet Methods
- Start Your Own Business
- Word Processing
- Work Experience



CERTIFICATION

5M2102 QQI Level 5 Business Studies

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- Maynooth University | Business/ Business and Accounting /Entrepreneurship | Level 8
- DkIT/TU Dublin | Business and Management | Human Resource Management | Level 8
- DCU | Accounting and Finance | Level 8
- DkIT | Accounting and Finance | Level 8
- DCU/DkIT/NUI, Galway | Business Studies | Level 8
- NUI, Galway | Commerce | Level 8

83.3%
achieved over
300 points

CAREER OPPORTUNITIES

Graduates progress to employment in various areas including:

**Reception and Front Office | Office Administration | Clerical Positions | Retail |
Banking | Accounting | Create your own business**

ACCOUNTANCY, PAYROLL & HUMAN RESOURCES

If you have a flair for numbers or enjoy working with finances then this course is for you. It is designed to deliver the skills, knowledge and competencies required to assist in financial and human resource management. This course can be used to gain direct employment within public service or private organisations, as well as accessing degree programmes.

COURSE CONTENT

- Accounting Manual and Computerised
- Human Resources
- Payroll Manual and Computerised
- Applied Economics
- Business Administration Skills
- Business Law
- Taxation
- Communications
- Work Experience
- Spreadsheet Methods



CERTIFICATION

5M2102 QQI Level 5 Business Studies

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DCU/DKIT | Accounting & Finance | Level 8
- Maynooth University | Business and Accounting | Level 8
- NUI Galway | Law & Business | Level 8
- UCD | Commerce | Level 8
- UCD | Business and Law | Level 8
- GMIT | Human Resource Management | Level 7
- Dundalk IT | Business Studies | Level 8
- DCU | Business Studies | Level 8

**Ireland is
the 4th largest
provider of
Financial
Services in
the EU**

CAREER OPPORTUNITIES

Graduates progress to employment in various areas including:

**Accountancy Practices | Business Administration Roles | Project Manager |
Financial Clerical Officer | Accounts Administrator | Payroll Clerk | Funds Manager |
HR Administrator**

Have you a passion for fashion or have a keen interest in buying or selling goods? This course provides an introduction to the fundamental skills around entrepreneurship and starting your own business. You will gain exposure to the retail industry learning vital skills such as negotiating, selling and marketing and developing retail displays.

COURSE CONTENT

- Retail Display
- Entrepreneurial Skills
- Retail Selling
- Digital Marketing
- Fashion Buying and Merchandising
- Work Experience
- Communications
- Customer Service
- Business Law
- Safety and Health at Work



CERTIFICATION

5M2105 QQI Level 5 Retail Practice

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT | Business | Level 8
- TU Dublin | Business & Management | Level 8
- NCI | Retail Management | Level 7
- TU Dublin | International Business | Level 8
- UCD | Economics | Level 8
- TU Dublin | E-Commerce in Retailing/ Retail and Services Management | Level 8

20% of Irish Consumers shop online weekly or more often via their mobile phones

CAREER OPPORTUNITIES

Graduates progress to employment in various areas including:

**Customer Service Representative | Fashion Buyer | Procurement Officer |
Public Relations Manager | Sales Manager | Human Resources Administrator |
Visual Merchandiser | Retail Administrator**

This dynamic Business and Computing course explores modern business practices enabling graduates to gain a wide range of business and IT skills. The course is suitable for students who wish to develop management, IT and marketing techniques which are very much sought after by local, national and global businesses. Graduates can progress to employment or advance their studies with progression to a wide range of degree programmes.

COURSE CONTENT

- Web Authoring
- Marketing Management
- Business Management
- Professional Presentation
- Applied Economics
- Spreadsheets
- Word Processing
- Statistics
- Communications
- Work Experience



CERTIFICATION

6M4985 QQI Level 6 Business

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT | Business and Technology/ Business and Management | Level 7 | (Year 2 Entry)
- Maynooth University | Business and Management | Level 8
- TU Dublin | Business and Management | Level 8
- Maynooth University | Entrepreneurship | Level 8
- UCD | Business & Law | Level 8
- NUI Galway | Business Information Systems | Level 8

**In 2018,
96% of
graduates gained
direct entry to
Year 2 of a
Business degree
in DkIT.**

CAREER OPPORTUNITIES

Graduates progress to employment in various roles including:

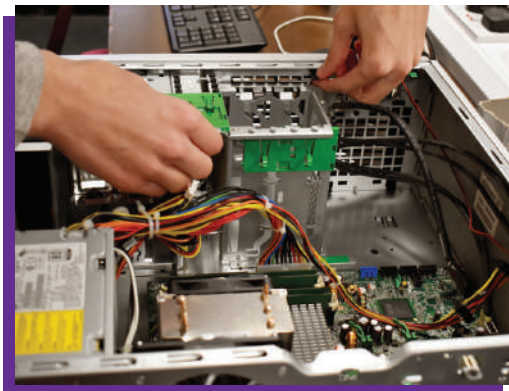
Financial Services Assistant | Clerical Officer | Accounts Officer | Business Administrator | Management | Human Resource Officer | Legal Administrator | Medical Administrator | Sales & Marketing Officer

ADVANCED MOBILE COMPUTING TECHNOLOGY

This course introduces a variety of the exciting new innovations in the ICT industry with major opportunities for people who have acquired the skills to design, create, support and manage the development of new applications across mobile and traditional platforms. Graduates can progress to employment in the expanding ICT sector or to a Level 7/8 degree programme in a variety of exciting fields.

COURSE CONTENT

- Mobile Technologies
- Object Oriented Programming
- Graphical User Interface Programming
- Digital Compliance
- Software Architecture
- Project Management
- Mathematics
- Communications
- Work Experience



CERTIFICATION

6M0691 QQI Level 6 Software Development

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT | Computing/ Computing in Games Development | Level 8
- Maynooth University | Computer Science & Software Development | Level 8
- TU Dublin | Computer Engineering in Mobile Systems | Level 8
- Maynooth University | Robotics and Intelligent Devices | Level 8
- Sligo IT | Computing (Smart Technologies) | Level 8
- Letterkenny IT | Computer Security & Digital Forensics | Level 7

30K
is the average
starting salary for
**Programmers/
Software
Developers**

CAREER OPPORTUNITIES

Graduates progress to employment in various areas including:

Software Development | Software Testing | Web Design and Development | Technical Support | IT Deskside Support | Cloud Computing | Network Engineer.



Beauty, Sport & Well-Being

Makeup Artistry	19
Holistic Health & Well-Being	20
Beauty Therapy	21
Barbering	22
Professional Hairdressing	23
Advanced Beauty Therapy	24
Airline, Cabin Crew & Tourism Studies	25
Sports Rehabilitation & Injury Management	26
Sports Conditioning & Exercise Performance	27
Sports, Exercise & Coaching	28
Advanced Health & Sports Performance	29

TESTIMONIALS

“

This course has given me a great insight into the Hairdressing Industry. The practical classes in the new College Salon were really fantastic and I particularly enjoyed both the Creative Styling and Barbering modules. The Digital Marketing module was also very useful as it provided an understanding of ways to promote my business in the future. The integrated placement on one day a week is a brilliant part of the programme and allows learners the chance to get invaluable experience in the industry. I hope to progress to full-time employment on completion of the programme.”

Ieshia Marron | Hairdressing Student | 2019

Since I commenced studying Makeup Artistry in OFI, I have gained an amazing amount of skill and confidence in my work. The encouragement I have received from the staff has ensured that I have excelled in my abilities. The course is a brilliant progression route into the makeup/beauty industry. I enjoyed covering all the different aspects of makeup from, natural makeup and bridal makeup to special effects and fantasy makeup. I couldn't recommend this course enough to anyone that may be considering it.

Hannah Duffy | Makeup Artistry Student | 2019

I thoroughly enjoyed this course, especially the Cabin Crew aspect of my studies. After I graduated I secured a job with Aer Lingus as a Guest Service Agent. I can honestly say I would never have gained this position had I not completed this course. By completing the Travel & Tourism course, I gain confidence in myself it helped me to figure out what I really wanted to do in life.

Ruth Hughes | Travel & Tourism Graduate | 2018

I personally loved the practical aspects in the gym and the opportunity to go into primary schools and coach the different sports. All lecturers were extremely helpful, approachable and motivational. They were very helpful to me personally when I was trying to balance both college and football as I was away quite a lot that year. I'm now studying Sports, Exercise and Enterprise in DkIT.

Sophie Watters | Sport, Exercise and Coaching Graduate | 2017

”

MAKE-UP ARTISTRY

This ITEC course provides you with the skills required to work in this exciting and challenging industry. This all rounded creative full-time course is specifically designed to equip you with the necessary tools to work in all areas of Fashion, TV and Media Makeup.

COURSE CONTENT

- Day Makeup
- Evening Makeup
- Special Occasion Makeup
- Bridal Makeup
- Photographic Makeup
- Commercial & Editorial Makeup
- Fantasy Makeup
- Photography Makeup
- Catwalk & High fashion Makeup
- Avant-Garde Makeup
- Makeup photography
- Special Effects
- Digital Marketing
- Skin & Eye Treatments
- Eyelash & Eyebrow Treatments



CERTIFICATION

ITEC Diploma in Fashion, Theatre and Media Makeup

PROGRESSION TO DEGREES

Graduates can progress to study various related courses in OFI including Beauty Therapy, Hairdressing, Holistic Health and Wellbeing or Advanced Beauty Therapy. Learners may also progress to specialist programmes to gain a tutor qualification in this area in a variety of colleges in Ireland and the UK.

CAREER OPPORTUNITIES

Graduates progress to employment in various roles including:

Make Up Artist | Fashion Brands | Catwalk Makeup Artist | Commercial & Editorial Makeup Artist | Retail Sales | Freelance Bridal Specialist | Freelance Occasional Specialist | Beauty Salons



HOLISTIC HEALTH & WELL-BEING

This course is designed to give candidates a broad knowledge of the holistic approach to health and well-being. Learners gain practitioner qualifications for employment in therapies including Swedish Massage, Reflexology, Reiki Masters and Nutrition.

COURSE CONTENT

ITEC Level 3 Awards

- Holistic/Swedish Massage
- Reflexology
- Diet and Nutrition
- Holistic Approach to Health
- Professional Conduct and Business Awareness
- Anatomy and Physiology
- Work Experience
- Work Simulation – Clinical Practice

Additional Practitioner Certificates

- Reiki Level 1, 2 & 3 (Masters)
- First Aid



CERTIFICATION

ITEC Level 3 Awards: Diploma in Reflexology,
ITEC Diploma in Holistic/Swedish Massage
ITEC Certificate in Diet and Nutrition

PROGRESSION TO DEGREES

Graduates can progress to study various related courses in OFI including Beauty Therapy, Makeup Artistry or Advanced Beauty Therapy. Alternatively, learners can progress to a number of areas including Naturopathy, Acupuncture, Nutrition or Massage Therapy in specialist colleges such as CNM or HCD.

**Spa Therapists
can earn up to
€25k
per year**

CAREER OPPORTUNITIES

Graduates progress to employment in various areas including:

**Spas | Cruise Liners | Healing Centres and Health Farms | Leisure Centres |
Sports & Fitness Centres | Hotels | Beauty Salons | Self Employment**

BEAUTY THERAPY

The beauty industry is a rapidly growing sector and this course focuses on developing the relevant specialist and professional skills for a successful career in this industry. From waxing and skincare treatments to manicures and makeup application, learners will gain the skills and knowledge required to allow progression to employment in various industry positions.

COURSE CONTENT

- Skincare & Eye Treatments
- Makeup
- Manicure & Pedicure
- Waxing
- Professional Conduct & Business Awareness
- Facial Electrical Treatments
- Anatomy and Physiology



CERTIFICATION

ITEC Diploma for Beauty Specialists/
Facial Electrical Treatments

PROGRESSION TO DEGREES

Graduates can progress to study various related courses in OFI including Makeup Artistry, Hairdressing, Holistic Health and Wellbeing or Advanced Beauty Therapy. Learners may also progress to specialist programmes to gain a tutor qualification in this area in a variety of colleges in Ireland and the UK.

As a self-employed therapist you can earn approximately €40 hourly

CAREER OPPORTUNITIES

Graduates progress to employment in various areas including:

**Beauty Therapy Salons | Pharmacies | Hotels & Leisure Centres | Spas |
Cruise Liners | Health Centres & Health Farms | Beauty Consultation**

BARBERING

This course is taught by qualified professionals who incorporate demonstrations and hands-on workshops with theory work. An integrated work placement providing invaluable industry exposure and state of the art salon facilities ensures graduates will gain recognised qualifications in Barbering.

COURSE CONTENT

- Barbering Techniques
- Client Consultation
- Hairdressing Theory and Practice
- Cutting Men's Hair
- Cutting Facial Hair
- Hairdressing Science
- Work Experience
- Customer Service
- Communications
- Digital Marketing

Additional

- ITEC Level 2 Certificate in Barbering



CERTIFICATION

5M3351 QQI Level 5 Hairdressing

ITEC Level 2 Certificate in Barbering

PROGRESSION TO DEGREES

Graduates can progress to study various related courses in OFI including Professional Hairdressing. Additionally, learners can access Level 6 and Diploma programmes in Hairdressing and Barbering. Learners may also progress to specialist programmes to gain further qualifications in this area in a variety of colleges in Ireland and in the UK.

**A shortage of
trained Barbers
mean there are
many positions
unfilled in
Ireland**

CAREER OPPORTUNITIES

The course will allow successful candidates to seek employment in locations such as:

Barber Shops | Hair Salons | Demonstrators | Salon Owner | Film, Theatre and TV Hair Specialist Stylist | Salon Manager | Hairdressing Tutor | Cruise Ships

PROFESSIONAL HAIRDRESSING

This one year course is designed to facilitate those wishing to pursue a career in the hairdressing industry. Kick-start your career in the hair and beauty industry and gain the skills required to in run and manage a working salon.

COURSE CONTENT

- Hairdressing Theory and Practice
- Hairdressing Science
- Customer Service
- Safety and Health at Work
- Work Experience
- Communications
- Teamworking
- Creative Styling
- Digital Marketing



CERTIFICATION

5M3351 QQI Level 5 Hairdressing

State Examinations Commission Junior Trades

PROGRESSION TO DEGREES

Graduates can progress to study various related courses in OFI including Barbering and Beauty related programmes. Additionally, learners can access Level 6 and Diploma programmes in Hairdressing. Learners can advance to Year 2 of the new National Hairdressing Apprenticeship.

**Hairdressers/
Barbers can
earn up to
€18 per hour**

CAREER OPPORTUNITIES

Graduates progress to employment in various roles including:

**Hair Stylist | Barbering | Image Consultant | Film, Theatre and TV Hair Specialist
Stylist | Product & Equipment Sales Representative | Salon Manager |
Hairdressing Tutor | Cruise Ships | Salon Owner**

ADVANCED BEAUTY THERAPY

This course teaches the skills and a thorough understanding of Advanced Beauty techniques to enhance participants qualifications to further their career within the Industry. Students undergo specialist training to achieve a QQI Level 6 Beauty Therapy award and ITEC Diplomas. Students participate in work placement where they gain valuable insights into a career within the beauty industry.

COURSE CONTENT

- Swedish Massage
- Body Electrical Treatments
- Anatomy & Physiology
- Electrical Epilation
- Body & Beauty Science
- Work Experience
- Figure Diagnosis
- Customer Service
- Indian Head Massage
- Nail Technology
- Advanced Waxing
- Tanning



CERTIFICATION

6M3479 QQI Level 6 Beauty Therapy

ITEC Diploma in Body Treatments/
Diploma in Epilation

PROGRESSION TO DEGREES

Graduates with full QQI Level 6 qualification can progress to various Universities and Institutes of Technology in areas such as Business Management, Marketing, PR & Event Management, Tourism & Hospitality etc. Learners may also progress to specialist programmes to gain a tutor qualification in this area in a variety of colleges in Ireland and the UK.

**Self-Employed
Therapists earn
€40 hourly
on average**

CAREER OPPORTUNITIES

Graduates progress to employment in various areas including:

**Beauty Therapy Salons | Pharmacies | Hotels | Leisure Centres | Spas |
Cruise Liners | Health Centres | Health Farms**

AIRLINE, CABIN CREW & TOURISM STUDIES

Tourism is one of the main industries experiencing rapid growth in Ireland and graduates from this course will be well equipped to work in this fast paced sector. Many exciting opportunities await graduates, from becoming a cabin crew member to working in a travel agency or as a tour guide.

COURSE CONTENT

- Tourism Principles & Practice
- Tourism Information & Administration
- Communications
- Work Experience
- Customer Service
- Reception & Frontline Office Skills
- Safety & Health at Work
- Cabin Crew Operations
- Word Processing
- Ready for Take Off



CERTIFICATION

5M5011 QQI Level 5 Tourism with Business

IAOT Certificate in International Travel
Industry Studies

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT | Event Management | Level 7
- GMIT | Hotel & Catering Management | Level 7
- TU Dublin | Tourism Marketing | Level 8
- NUI Galway | Arts (History) | Level 8
- LyIT | Hospitality and Tourism | Level 7
- WIT | Tourism Marketing | Level 8

**100% of
2019 Graduates
went on to
further studies**

CAREER OPPORTUNITIES

Graduates progress to employment in various roles including:

**Cabin Crew Member | Passenger Service Agent | Airport Security | Travel Agent |
Tour Guide | Holiday Representative | Tourist Office | Reservations Agent |
Hotel Receptionist**

SPORTS REHABILITATION & INJURY MANAGEMENT

This programme offers learners access to an exciting, rewarding and satisfying career. You will learn to improve health and functional fitness of people with injury, illness and disease and make a real difference to the quality of health and well-being of your clients. Throughout this busy year, you will practise on other students to develop the skills required to work in the sports therapy industry.

COURSE CONTENT

- Exercise & Fitness
- Sports Anatomy & Physiology
- Sport & Recreation Studies
- Kinesiology
- Physiotherapy Assistant Practice
- Physiotherapy Assistant Theory
- Sport and Exercise Injury Prevention
- Customer Service
- Work Experience
- Word Processing
- Nutrition
- First Aid

ITEC

- ITEC Diploma in Sports Massage Therapy



CERTIFICATION

5M5146 QQI Level 5 Sports, Recreation & Exercise

ITEC Level 3 Diploma in Sports Massage Therapy

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- AIT | Athletic & Rehabilitation Therapy | Level 8
- Hanze University, Netherlands | Physiotherapy | Level 8
- Portobello Institute | Sports Therapy | Level 8
- DkIT | Health and Physical Activity | Level 8
- IT Carlow | Sport Rehabilitation and Athletic Therapy | Level 8
- AIT | Sports Science with Exercise Physiology | Level 8

**Sports
Massage
Therapists can
earn up to
€60
per hour**

CAREER OPPORTUNITIES

Graduates progress to employment in various roles including:

Sport Massage Therapist | Physiotherapy Assistant | Physical Therapist Assistant | Health Farm Assistant | Private Practice | Leisure Centre & Gym Therapist | Sports Team Therapist | Mobile Therapist

SPORTS CONDITIONING & EXERCISE PERFORMANCE

Strength and Conditioning has become a key consideration for all sports in the last decade. This course aims to prepare participants for work in sports conditioning and exercise performance roles. The learner will be introduced to the principle of planning strength and conditioning sessions for athletes in a variety of different sports and exercise settings.

COURSE CONTENT

- Sport & Recreation Studies
- Exercise & Fitness
- Work Experience
- Communications
- Sports Nutrition
- Leisure Facility Administration
- Sports Anatomy & Physiology
- Sport and Exercise Injury Prevention
- Word Processing

ITEC

- Planning and Instructing Strength & Conditioning Session

Performance Workshops

Functional Screening, Fitness Testing, Speed/Endurance Development



CERTIFICATION

5M5146 QQI Level 5 Sports, Recreation & Exercise

ITEC Level 2 Award in Instructing Strength & Conditioning Sessions

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- IT Carlow | Strength & Conditioning | Level 8
- LIT – Thurles | Strength & Conditioning | Level 7 & Level 8
- AIT | Sports Science with Exercise Physiology | Level 8
- GMIT | Sports & Exercise Science | Level 8
- DkIT | Health and Physical Activity | Level 8
- DkIT | Sports, Exercise and Enterprise | Level 7

CAREER OPPORTUNITIES

Graduates progress to employment in various roles including:

Strength & Conditioning Coach | Fitness Instructor | Fitness & Conditioning Coach for Sports Teams | Leisure Attendant | Intern with Exercise Professionals | Fitness Assessor | Private Practice | Performance Analyst

Strength & Conditioning Coaches can earn up to 30k

SPORTS, EXERCISE & COACHING

If you enjoy working with people, have an interest in the areas of sport and exercise and are highly energised and motivated, this course is for you. Gain practical experience through coaching and instructing in sport and exercise, while developing your knowledge, skills and confidence in the area. Completing this course leads to a world of opportunities for employment and/or further studies.

COURSE CONTENT

- Exercise & Fitness
- Sport & Recreation Studies
- Sports Anatomy & Physiology
- Nutrition
- Soccer Coaching
- Basketball Coaching
- Gaelic Football Coaching
- Communications
- Word Processing
- Work Experience
- First Aid



CERTIFICATION

5M5146 QQI Level 5 Sports, Recreation
& Exercise
NGB Sports Coaching Awards

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT | Sports, Exercise and Enterprise | Level 7
- IT Carlow | Sports Coaching and Business Management (Soccer/GAA/Rugby) | Level 8
- UCC | Sports Studies and Physical Education | Level 8
- TU Dublin | Leisure Management | Level 7
- DkIT | Health and Physical Activity | Level 8
- IT Tralee | Health and Leisure (with Physical Education) | Level 8

CAREER OPPORTUNITIES

Graduates progress to employment in various roles including:

**Leisure Attendant | Youth and Community Officer | Soccer Coach | Basketball Coach |
Gaelic Football Coach | Sports Retail | Sports Development | Sports Officer**

**84% of
graduates have
progressed to
work and/or
further study**

ADVANCED HEALTH & SPORTS PERFORMANCE

This course offers an opportunity to gain an advanced qualification specialising in health, exercise and sport performance. If you enjoy motivating and helping people to get active or to improve athletic performance, this course will give you the skills and experience to work in an industry that makes a real difference to people's lives.

COURSE CONTENT

- Exercise & Fitness
- Gym Instruction
- Sports Industry Practice
- Sports Nutrition
- Sports Psychology
- Health Promotion
- On Site Massage
- Sports Injuries Taping & Strapping
- Word Processing
- GAA Coaching
- Communications
- Work Experience



CERTIFICATION

6M5147 QQI Level 6 Sports, Recreation & Exercise
ITEC Level 2 Certificate in Fitness in Instructing
ITEC Level 3 Award in Taping & Strapping
for Sport

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- University of Ulster | Sport and Exercise Sciences | Level 8
- DkIT | Sports, Exercise and Enterprise | Level 7 (Advanced Entry)
- IT Carlow | Sports Coaching and Business Management (Soccer/GAA/Rugby) | Level 8
- UCC | Sports Studies and Physical Education | Level 8
- DkIT | Health and Physical Activity | Level 8
- Tralee IT | Coaching and Sports Performance | Level 7

CAREER OPPORTUNITIES


Graduates progress to employment in various roles including:

**Sports & Exercise Promotion Officer | Sports Development Officer | Soccer Coach |
Youth and Community Work Health Promotion | GAA Coach | Sports
Programme Co-ordinator**

**A Community
Sports
Development
Officer can earn
up to €43k
per annum**



Engineering & Science



Engineering Technology	33
Biomedical & Pharmaceutical Science	34
Pre-Apprenticeship Skills	35
Science & Laboratory Techniques	36
Animal Science & Care	37

TESTIMONIALS

“

I am currently studying the QQI Level 5 Animal Science and Care course in OFI I absolutely love the course and find the modules and content incredibly interesting. I have made life long friends in my short time in the college. After completing the programme I plan to progress to University to study Zoology. I am also considering progressing to TCD as a mature student to study Biological and Biomedical Sciences.

Leanne McCabe | Animal Science and Care Student | 2019

I graduated from the course in June with distinctions in all of my modules. I'm now in my first year in UCC studying Medical and Health Sciences. I didn't perform as well as I'd hoped for in the Leaving Certificate but thankfully, the Science course was essentially the one qualification that helped me to secure my place on such a highly competitive course. That experience has benefited me in so many ways.

Gbolahan Clinton Falana | Science Graduate | 2018

I chose to do this course as I wanted to know more about apprenticeships and the subject areas before I committed to an Electrical Apprenticeship. I found the course interesting and have covered related areas such as CCTV installation, Electrical Testing and Car Electrics. Next year I plan to progress to an Electrical Apprenticeship as I now know this is the area I am interested in.

Luke Boyle | Pre-Apprenticeship Student | 2018/19

”

ENGINEERING TECHNOLOGY

Engineers are the innovators and problem solvers of the modern era. From simple to complex structures; a door handle to a supercar, an engineer is involved from concept design to production. This course is designed to equip learners with the skills and knowledge to gain employment, access apprenticeship programmes or progress to further study in Universities/ Institutes of Technology.

COURSE CONTENT

- Mathematics
- Mechanics
- Materials Science
- Engineering Drawing
- CAD Computer Aided Design
- Electronics
- Engineering Workshop Processes
- Engineering Theory
- Communications
- Safety & Health at Work
- Work Experience



CERTIFICATION

5M2061 QQI Level 5 Engineering Technology

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT | Engineering – Common Entry | Level 8
- DkIT | Construction Management | Level 8
- TU Dublin | Design Engineering | Level 8
- TU Dublin | Civil and Structural Engineering | Level 8
- DkIT | Architectural Technology | Level 7
- DkIT | Civil Engineering/Mechanical Engineering/Electrical & Electronic Systems | Level 7

80%
of graduates
progress to
Higher
Education

CAREER OPPORTUNITIES

Graduates can progress to employment in various roles including:

Engineering Machine Operative | Engineering Technician – Civil | Engineering Technician – Electrical | Engineering Technician – Mechanical | Engineering Craft Machinist | Building Services Engineering Technician | Agricultural Technician

BIOMEDICAL & PHARMACEUTICAL SCIENCE

This course provides learners with the practical skills, knowledge and experience to progress in this exciting and growing field. The course provides learners with an introduction to laboratory skills, medical terminology, sterilisation practices and chemistry through practical laboratory work. This allows learners to develop the knowledge, skills and techniques required for work in modern health sciences or alternatively as a pathway to various related degree programmes.

COURSE CONTENT

- Laboratory Skills
- Infection Prevention & Control
- Medical Terminology
- Chemistry
- Safety and Health at Work
- Sterilisation and High Level Disinfection
- Anatomy and Physiology
- Biology
- Maths
- Communications
- Work Experience



CERTIFICATION

5M3807 QQI Level 5 Laboratory Techniques

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- UCD/Maynooth University/DKIT | Science | Level 8
- DkIT | Pharmaceutical Science | Level 7
- TU Dublin | Science - Common Entry | Level 8
- TCD | Biological and Biomedical Sciences | Level 8
- CIT | Physical Sciences | Level 7
- DCU | Environmental Science and Technology | Level 8

Over
**20,000 people in
Leinster employed
in 'Biomedical &
Pharmaceutical'**

CAREER OPPORTUNITIES

Graduates can progress to employment in various roles including:

**Pharmaceuticals Production and Quality Assurance | Biomedical Science Technician |
Bioscience Technician | Laboratory Technician | Local Authority Environmental Scientist |
Food Science Laboratory Analyst**

PRE-APPRENTICESHIP SKILLS

Equip yourself with relevant skills to begin an apprenticeship in a range of areas. Employers are seeking apprentices who have basic qualifications in Maths, Computers and Communication skills which are of importance for their chosen trade. There is a massive increase in the number of apprenticeships available nationally. Graduates may progress to a variety of apprenticeship programmes.

COURSE CONTENT

- Building Construction
- Electrical Installation Techniques
- Electronics
- Wood Fabrication
- Communications
- Work Experience
- Architectural Drawing
- Computer Aided Design
- Mechanics
- Maths for STEM
- Engineering Workshop Processes



CERTIFICATION

5M5010 QQI Level 5 Construction Technology

PROGRESSION TO DEGREES

Learners can progress to study various related courses in OFI, including Engineering Technology, Architecture & Building Information Modelling, Graphic Design and Computing. Alternatively, learners can progress to a number of related traineeship/apprenticeship/degree programmes in various colleges in Ireland and the UK.

**By 2025
Ireland hopes to
support 50,000
apprentices/
trainees**

CAREER OPPORTUNITIES

Graduates may progress to apprenticeship programmes in various disciplines including:

**Electrician | Engineering | Plumbing | Motor Mechanics | Wood Manufacturing & Fitting |
Metal Fabrication | Carpentry & Joinery | Pipe Fitting | Tool Making | Computing**

SCIENCE & LABORATORY TECHNIQUES

Are you interested in a career in science? This programme provides learners with the skills required to obtain employment in laboratories or other science related disciplines such as pharmaceutical science, biochemical engineering or biotechnology. In our rapidly evolving society, science graduates have the opportunity to influence and shape the world we live in today.

COURSE CONTENT

- Biology
- Chemistry
- Physics
- Anatomy and Physiology
- Laboratory Skills
- Mechanics
- Maths
- Communications
- Safety and Health at Work
- Work Experience



CERTIFICATION

5M3807 QQI Level 5 Laboratory Techniques

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT | Science | Level 8
- TU Dublin | Science - Common Entry | Level 8
- UCD | Science | Level 8
- CIT | Physical Sciences | Level 7
- DkIT | Pharmaceutical Science | Level 7
- DCU | Environmental Science and Technology | Level 8

60%
progression
rate to third
level science and
science related
degrees

CAREER OPPORTUNITIES

Graduates can progress to employment in various roles including:

Laboratory Technician | Pharmaceuticals Production and Quality Assurance | Biomedical Science Technician | Bioscience Technician | Local Authority Environmental Scientist | Food Science Laboratory Analyst

Animal Science & Care provides learners with the skills, experience and knowledge to make an informed choice regarding continuing their studies or progressing into employment. Whether your interests lie in the animal care sector, animal grooming or veterinary nursing, studying Animal Science is a pathway that allows access to all of these opportunities.

COURSE CONTENT

- Animal Anatomy and Physiology
- Animal Welfare
- Animal Grooming
- Animal Behaviour
- Biology
- Small Animal Husbandry & Housing
- Laboratory Skills
- Communications
- Work Experience



CERTIFICATION

5M2768 QQI Level 5 Animal Science

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT | Veterinary Nursing | Level 7
- DkIT | Science | Level 8
- AIT | Veterinary Nursing | Level 7
- LyIT | Veterinary Nursing | Level 7
- UCD | Veterinary Nursing | Level 8
- UCD | Agricultural Science | Level 8

**Veterinary
Nurses
typically earn
€22k - €31k
per annum**

CAREER OPPORTUNITIES

Graduates can progress to employment in various roles including:

**Veterinary Assistant | Self-employed - Animal Care Industry | Animal Breeder | Pet Shop
Sales Assistant | Zoo Keeper | Dog Warden | Boarding Kennels Assistant | Agriculture**

Pre-University Programmes



Pre-University Arts	40
Pre-University Architecture	41
Pre-University Business & Accounting	42
Pre-University Computing	43
Pre-University Physiotherapy	44
Pre-University Science/Agricultural Science	45
Pre-University Teaching	46
Pre-Garda & Security Studies	47
College Access Programme	48

INTRODUCTION

Pre-University Programmes at Ó Fiaich Institute offer learners a springboard to access Higher Education. Each Pre-University programme at Ó Fiaich Institute provides a foundation level of knowledge in a specific field which enables students to progress to a range of degree programmes at various Universities/Institutes of Technology and ultimately achieve, a course and career in their desired sector. Students gain access to the supports, skills and the knowledge necessary to achieve progression to Higher Education.

BENEFITS

Pre-University Programmes have several benefits:

- Achieve the CAO/UCAS requirements to progress to a first choice linked degree programme at University.
- All Pre-University foundation programmes are short – no longer than one year.
- Excellent links to Universities in Ireland, UK and Europe.
- Meet like-minded learners who have a passion for learning.
- Programmes offer an excellent introduction to academic writing, research skills and study methods that are invaluable for Higher Education.

APPLICATION PROCEDURE

All applications for Pre-University programmes should be completed online through our website.

Learners are encouraged to apply early as there are limited places available. Some programmes have specific subject requirements.

Please feel free to contact kcawley.ofi@lmetb.ie for further information.

Pre-University Arts

Thinking about an Arts Degree in the near future or do you wish to widen your education and career options? Pre-University Arts offers an effective gateway for students wishing to study Arts at Higher Education. Pre-University Arts is comprised of a broad range of subjects which offers a basis for knowledge and skills acquisition for learners. This course furnishes the learner with a comprehensive, interdisciplinary, and versatile footing, from which they can progress to a suitable degree programme to access their chosen career.

QUALIFICATION OBTAINED

QQI Level 5 Major Award
(5M3114) in General Studies

Learners will complete a combination of the following:

- Research and Study Skills
- Criminal Law
- Psychology
- Journalism
- English Literature
- History
- Communications
- Work Experience
- Information and Communication Systems
- French

HIGHER EDUCATION PROGRESSION

- DCU | Arts & Humanities | Level 8
- DkIT | Arts | Level 8
- DkIT | Media Arts & Technology | Level 7
- NUI Galway | Arts | Level 8
- Maynooth University | Arts | Level 8
- UCC | Arts | Level 8
- UCD | Arts | Level 8
- UL | Arts | Level 8



CAREER PROSPECTS

Following the successful completion of the Pre-University Arts programme, you may progress to a degree which can lead to a career in:

Law | Counselling | Public Relations | Journalism | Curator | Translation | Social Work | Archaeology | Genealogy



Pre-University Architecture

Pre-University Architecture provides learners with the opportunity to enhance their competencies, skills and understanding required for architectural design. This course enables learners to develop knowledge of architectural practices, 2D plan production and 3D simulations. Learners will become familiar with fundamentals of architectural design, consideration of construction materials and how to fully meet the needs of the client.

QUALIFICATION OBTAINED

QQI Level 5 Major Award
(5M1940) in Computer
Aided Design

Learners will complete a combination of the following:

- Computer Aided Drafting
- Design Skills
- Communications
- Work Experience
- Mathematics
- Materials Science
- Spreadsheets Methods
- Parametric CAD
- Architectural Drawing
- Building Construction

HIGHER EDUCATION PROGRESSION

- IT Carlow | Architectural Technology | Level 8
- DkIT | Architectural Technology | Level 8
- Griffith College | Interior Architecture & Design | Level 8
- IT Sligo | Interior Architecture and Design | Level 7
- TU Dublin | Architectural Technology | Level 8
- TU Dublin | Architecture | Level 8
- TU Dublin | Interior Design | Level 8
- WIT | Architecture & Building Modelling Technology | Level 8



Pre-University

CAREER PROSPECTS

Following the successful completion of the Pre-University Architecture programme, you may progress to a degree which can lead to a career in:

**Architecture | Engineering | Quantity Surveying |
Building Information Modelling | Planning |
Building Services | CAD | Project Management**



Pre-University Business & Accounting

Pre-University Business & Accounting enables learners to improve their understanding of the business world while gaining the skills necessary to progress in this field. This course introduces learners to key business techniques and concepts including; database methods, accounting practices and entrepreneurship. This programme provides a clear pathway into various career areas such as finance, commerce, accounting, and economics.

QUALIFICATION

OBTAINED

QQI Level 5 Major
Award (5M2102) in
Business Studies

Learners will complete a combination of the following:

- Accounting
- Start Your Own Business
- Communications
- Database Methods
- Economics
- Desktop Publishing
- Spreadsheet Methods
- Word Processing
- Work Experience
- Business Administration Skills

Pre-University

HIGHER EDUCATION PROGRESSION

- DCU | Accounting & Finance | Level 8
- DCU | Business Studies | Level 8
- DkIT | Accounting & Finance | Level 8
- DkIT | Business Studies | Level 8
- Maynooth University | Business & Accounting | Level 8
- NUI Galway | Law & Business | Level 8
- UCD | Business and Law | Level 8
- UCD | Commerce | Level 8



CAREER OPPORTUNITIES

Following the successful completion of the Pre-University Business & Accounting programme, you may progress to a degree which can lead to a career in:

**Accountancy | Financial Services | Tax
Consultancy | Economics | Retail Management |
Banking | Law | Business Management**



Pre-University Computing

Pre-University Computing students gain a blend of skills that is essential in supporting, developing and maintaining IT infrastructure. This course includes a broad range of concepts in IT including; programming, software applications, web design and networks. This equips the learner with the necessary skills and knowledge required to progress to a degree programme in this area.

QUALIFICATION OBTAINED

QQI Level 5 Major
Award (5M0529)
in Software Development

Learners will complete a combination of the following:

- Mobile Technologies
- Computer Programming
- Software Architecture
- Maths for IT
- Work Experience
- Database Methods
- Web Authoring
- Computer Systems Hardware
- Spreadsheet Methods
- Desktop Publishing

HIGHER EDUCATION PROGRESSION

- DkIT | Computing | Level 8
- AIT | Software Design with Mobile Apps and Connected Devices | Level 8
- NUI Galway | Education (Computer Science & Mathematical Studies) | Level 8
- Maynooth University | Robotics & Intelligent Devices | Level 8
- TU Dublin | Computer Science | Level 8
- UCC | Business Information Systems | Level 8
- UCC | Computer Science | Level 8
- UCD | Computer Science | Level 8

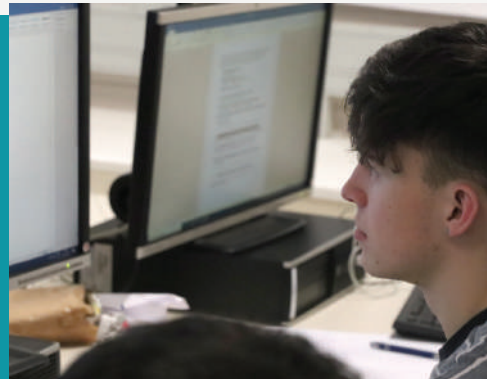


Pre-University

CAREER OPPORTUNITIES

Following the successful completion of the Pre-University Computing programme, you may progress to a degree which can lead to a career in:

Software Engineering | Networking | IT & Cyber
Security | Cloud Computing | Web Development |
IT Consultancy | Mobile App Development |
Robotics



Pre-University Physiotherapy

Pre-University Physiotherapy would be ideal for any learners wishing to advance their education and progress to a career in physiotherapy. Learners develop the skills needed for assessing and treating clients whose movement is restricted by injury, illness or disability. This course provides an excellent foundation in the fundamentals of physiotherapy and develops the necessary skills required to progress to higher education.

QUALIFICATION OBTAINED

QQI Level 5 Major
Award (5M5146) in
Sports, Recreation &
Exercise

Learners will complete a combination of the following:

- Anatomy & Physiology for Sport
- Physiotherapy Assistant Practice
- Physiotherapy Assistant Theory
- Sport & Recreation Studies
- Customer Service
- Sport and Exercise
- Injury Prevention
- Kinesiology
- Work Experience
- Exercise & Fitness
- Nutrition

HIGHER EDUCATION PROGRESSION

- AIT | Athletic & Rehabilitation Therapy | Level 8
- AIT | Sports Science with Exercise Physiology | Level 8
- DkIT | Health and Physical Activity | Level 8
- Hanze University, Netherlands | Physiotherapy | Level 8
- IT Carlow | Sport Rehabilitation and Athletic Therapy | Level 8
- Portobello Institute | Sports Therapy | Level 8
- Sheffield Hallam University | Physiotherapy | Level 8 (UCAS Application)
- University of Wolverhampton | Physiotherapy | Level 8 (UCAS Application)



CAREER PROSPECTS

Following the successful completion of the Pre-University Physiotherapy programme, you may progress to a degree which can lead to a career in:

**Musculoskeletal Physiotherapy | Cardio
Respiratory Physiotherapy | Sport Massage |
Physiotherapy Lecturing | Acupuncture | Sports
Rehabilitation | Sports Physiologist**



Pre-University Science/Agricultural Science

This programme has been designed specifically to support learners in achieving the entry requirements for studying science based programmes at Higher Education. This programme offers learners a mixture of classroom based subjects, laboratory techniques and industry based experience. This programme provides a clear pathway into a range of science related degree programmes.

Learners will complete a combination of the following:

QUALIFICATION OBTAINED

QQI Level 5 Major
Award (5M3807) in
Laboratory Techniques

- Biology
- Chemistry
- Physics
- Animal Anatomy & Physiology
- Laboratory Skills
- Mechanics
- Maths
- Communications
- Animal Welfare
- Work Experience

HIGHER EDUCATION PROGRESSION

- DkIT | Agriculture | Level 8
- DkIT | Science | Level 8
- NUI Galway | Science | Level 8
- Maynooth University | Science | Level 8
- UCD | Veterinary Nursing | Level 8
- UCD | Science | Level 8
- UCD | Agricultural Science | Level 8
- UCD | Agri – Environmental Science | Level 8



Pre-University

CAREER OPPORTUNITIES

Following the successful completion of the Pre-University Science/Agricultural Science programme, you may progress to a degree which can lead to a career in:

**Agriculture | Veterinary Nursing | Food
Science | Pharmaceutical Industry | Horticulture |
Crop Management | Bioscience | Physics**



Pre-University Teaching

Pre-University Teaching lays the foundation for those who wish to progress to a career in education. Learners in the Pre-University Teaching programme will enhance their skills, knowledge and practical experience prior to progressing to higher education. This dynamic course provides progression opportunities to degree programmes in various disciplines including teaching, arts and humanities.

QUALIFICATION

OBTAINED

QQI Level 5 Major Award
(5M3114) in General Studies

Learners will complete a combination of the following:

- Research and Study Skills
- Education and Training Concepts
- English Literature
- Law
- Information & Communication Systems
- Journalism
- Psychology
- History
- Communications
- Work Experience

HIGHER EDUCATION PROGRESSION

- DCU | Post-Primary Teacher Education | Level 8
- DkIT | Arts | Level 8
- Marino Institute | Education Studies | Level 8
- UCD | Arts | Level 8
- NUI Galway | Education | Level 8
- Maynooth University | Arts | Level 8
- St. Patrick's College | Arts & Humanities/English & History | Level 8
- UL | Psychology & Sociology | Level 8



Pre-University

CAREER PROSPECTS

Following the successful completion of the Pre-University Teaching programme, you may progress to a degree which can lead to a career in:

Post Primary Teaching | Further Education
Teaching | Law | Counselling | Journalism |
Education Consultant | Special Educational Needs
Teaching | Psychology



Pre-Garda & Security Studies

This is the perfect course for anyone inspired to join the Garda Síochána, security organisations or those going on to further studies in criminology or related degrees. With specialist content around conflict resolution, criminology, legal studies and fitness, this comprehensive course will enhance both your study & career opportunities.

QUALIFICATION OBTAINED

5M2110 QQI Level 5
Security Studies

Learners will complete a combination of the following:

- Legal Practice and Procedures
- Conflict Resolution
- Criminology
- Communications
- Security Industry Procedures
- Sports Stadium Steward
- Work Experience
- Safety and Health at Work
- First Aid Responder
- Exercise & Fitness

HIGHER EDUCATION PROGRESSION

- Maynooth University | Law and Criminology | Level 8
- UCC | Criminology | Level 8
- TU Dublin | DNA and Forensic Analysis | Level 8
- GMIT | Forensic Science and Analysis | Level 8
- Maynooth University | Arts – Criminology | Level 8
- WIT | Computer Forensics and Security | Level 8
- WIT / Criminal Justice Studies / Level 8
- Sligo IT / Forensic Investigation & Analysis /Level 7



Pre-University

CAREER OPPORTUNITIES

The course will allow successful candidates to seek employment in locations such as:

Security Guard | Security Technician | Retail Security Officer | Security Administrator | Sports Stadium Steward | Private Security | Door Security Staff | Apply for entry to An Garda Síochána, Prison Services and the Defence Forces



College Access Programme

If you're like most first-year college students, you may be unsure of your future plans and what you want to study. The College Access Programme accommodates students who want to explore a variety of career fields in one year to identify the best degree/career path to pursue. The programme provides a selection of studies in social, childcare, healthcare, animal care and computer-related subjects which is beneficial for school leavers, adult learners, working students, and career changers who want to progress to further studies.

QUALIFICATION

OBTAINED

5M3114 QQI Level 5

General Studies

Learners will complete a combination of the following:

- Research and Study Skills
- Social Studies
- Animal Grooming
- Care Support
- Child Development and Play
- Understanding Special Needs
- Communications
- Work Experience
- Word Processing

HIGHER EDUCATION PROGRESSION

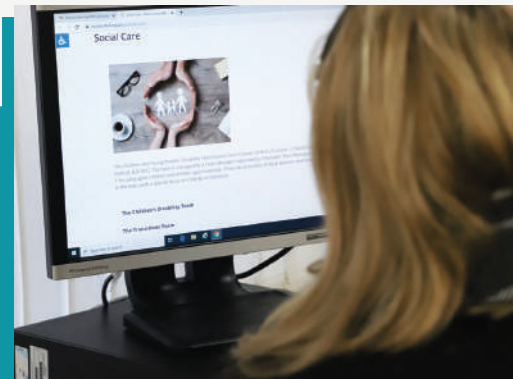
- DCU | Social Sciences and Cultural Innovation | Level 8
- WIT | Applied Healthcare | Level 7
- DkIT/AIT | Social Care | Level 8
- DCU | Arts & Humanities | Level 8
- AIT | Veterinary Nursing | Level 7
- DkIT | Digital Humanities | Level 8
- DkIT/AIT | Early Years Care & Education | Level 7



CAREER PROSPECTS

Following the successful completion of the College Access Programme, you may progress to a degree which can lead to a career in:

**Social Work | Veterinary Nursing | Healthcare |
Childcare & Early Years | Personal Assistant |
Special Needs Assistant**



Childcare & Healthcare

Nursing Studies	51
Healthcare Support	52
Applied Psychology & Social Studies	53
Youth Work (with SNA)	54
Early Childhood Care & Education (with SNA)	55
Pharmacy Assistant	56
Occupational Therapy Assistant	57
Advanced Health & Social Studies	58
Advanced Early Childhood Care & Education	59

TESTIMONIALS

“

I would recommend the nursing studies course without a doubt. I enjoyed it so much throughout the year and the continuous help is what got me through to the end of May. The numerous times teachers went out of your way to help me did not go unnoticed and I will be forever grateful for that. I am now furthering my education in the University of Stirling, studying General Nursing and I am delighted. I have settled in very well and I'm loving learning about the all the different aspects of nursing. Without the support and kindness of staff in OFI I can't imagine myself in the position I am in now.

Hazel Gargan | Nursing Studies Graduate | 2019

Over my two years in OFI, I studied various modules and content relevant to the childcare industry. I made many friends in the course and it was great to meet people who were so passionate about childcare. Sharing experiences with them all gave me a wider perspective on my own career choice. Teachers were all very supportive, motivating and eager to see you succeed. They recognise individual talents and provide all the support required to guide you through the programme. I highly recommend this course whether you're a mature student or a school leaver unsure of your next step.

Gosia Borowska | Level 6 Childcare Graduate | 2018.

I carried out my work experience in Realt na Mara primary school which I really enjoyed. When I finished my course, I applied for an SNA job in the school and started in September. I plan to continue to study for my level 6 in Early Childhood Care and Education while working. I would definitely recommend doing this course if you are interested in working with children or with children with special needs.

Amy Caul | Early Childhood Care & Education Graduate | 2018

”

NURSING STUDIES

This is a one year course designed for students wishing to pursue a career in all branches of Nursing. Successful graduates can progress to a Nursing degree both in Ireland and the UK. The course provides a solid foundation in Nursing theory and practice which also allows learners to progress into employment in the health and community care sector.

COURSE CONTENT

- Nursing Theory and Practice
- Care Provision and Practice
- Care Support
- Anatomy and Physiology
- Human Growth and Development
- Communications
- Work Experience
- Safety and Health at Work
- First Aid
- Care of the Older Person

Additional Certification

- Patient Handling
- Infection Prevention and Control
- Safeguarding Vulnerable Adults



CERTIFICATION

5M4349 QQI Level 5 Nursing Studies

PROGRESSION TO DEGREES

- UCD/TCD/DCU/DkIT/AIT | General Nursing | Level 8
- UCD/TCD/DCU/DkIT | Midwifery | Level 8
- UCD/TCD/DCU/DkIT | Psychiatric Nursing | Level 8
- DkIT | Mental Health Nursing/Intellectual Disability Nursing | Level 8
- DCU | Children's and General Nursing (Integrated) | Level 8
- UCAS | Nursing Degree throughout the UK | Level 8

84%
of students'
progress to
Level 8 Nursing
degrees in
Ireland or UK

CAREER OPPORTUNITIES

Graduates progress to employment in various areas including:

Healthcare Support | Community Care | Elderly Care | Community Care | Social Care | Disability Services | Assistants in Day Care Services

HEALTH CARE SUPPORT

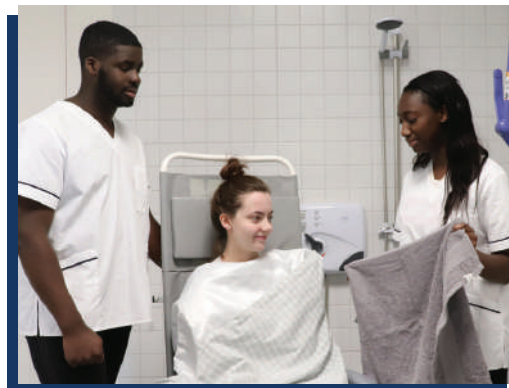
This one year course prepares learners to work with people in various care settings including hospitals, residential care settings and nursing homes. This programme is ideal for both school leavers and mature applicants wishing to gain the necessary skills for a career in healthcare.

COURSE CONTENT

- Nursing Theory and Practice
- Care of the Older Person
- Care Skills
- Human Growth & Development
- Care Support
- Anatomy and Physiology
- Safety & Health at Work
- Word Processing
- Communications
- Work Experience

Additional Certification

- Safeguarding Vulnerable Adults
- First Aid
- Patient Moving and Handling
- Hand Hygiene and Infection Control



CERTIFICATION

5M4339 QQI Level 5 Health Care Support

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- WIT | Applied Health Care | Level 7
- DCU, TCD, DkIT, UCD | General Nursing | Level 8
- DCU, TCD, UCD | Mental Health Nursing | Level 8
- DCU, TCD, DkIT | Intellectual Disability Nursing | Level 8
- UCD, TCD, DkIT | Midwifery | Level 8
- DkIT | Mental Health Nursing | Level 8

76 %
of graduates
secured
employment and
24% progressed
to further
study

CAREER OPPORTUNITIES

Graduates progress to employment in various roles including:

Care Assistant in Nursing Homes or Hospitals | Activity Coordinator | Personal Assistant in Schools | Care Assistant in Disability Services | Homecare Assistant

APPLIED PSYCHOLOGY & SOCIAL STUDIES

This course provides learners with an insight into psychology & social studies. It provides a combination of theoretical and practical training in childhood, adolescence, disabilities, and older people care. Students will learn about various roles, and gain experience of working in a caring environment.

COURSE CONTENT

- Human Growth and Development
- Psychology
- Communications
- Work Experience
- Care Provision and Practice
- Social Studies
- Intellectual Disability Studies
- Child Development
- First Aid
- Safety and Health at Work



CERTIFICATION

5M2786 QQI Level 5 Community Care

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT | Community Youthwork | Level 7
- DkIT | Social Care | Level 8
- TU Dublin | Social Care Levels 7 & 8
- IT Carlow | Applied Social Studies | Level 8
- Maynooth University | Social Science | Level 8
- MIE | BA Education | Level 8

92%
of graduates
progress to
third level

CAREER OPPORTUNITIES

Graduates progress to employment in various roles including:

**Nursing Home Support Assistant | Childcare Practitioner in Crèche/Hospital |
An Garda Síochána & Defence Forces | Teacher Training**

YOUTH WORK (WITH SNA)



Studying Youth Work is ideally suited to enthusiastic, fun-loving, critical-thinking, and creative people who are motivated to impact positively in young people's lives.

Youth Work encompasses a broad and diverse range of social, cultural, educational and political activities, which are based on young people's voluntary participation in leisure time activities that emphasise social inclusion and support civic engagement.

COURSE CONTENT

- Understanding Youth Work
- Working with Young People
- Community Addition Studies
- Special Needs Assisting
- Psychology
- Social Studies
- Young People in Society
- Communications
- Word Processing
- First Aid
- Work Experience



CERTIFICATION

5M4732 QQI Level 5 Youth Work

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT | Social Care | Level 8
- Maynooth University | Social Science | Level 7
- NUI Galway | Community, Youth and Family Studies | Level 8
- DkIT | Community Youth Work | Level 7
- UCD | Psychology/Social Policy & Sociology | Level 8
- Athlone IT | Social Care Practice | Level 8

CAREER OPPORTUNITIES

Graduates progress to employment in various roles including:

**Youth Work Leader | Special Needs Assistant | Community Support Worker |
Afterschool Coordinator | Youth and Community Organisers | Social Care Assistant |
Residential Social Carer**

**1,000
SNA Jobs for
2019/2020**

EARLY CHILDHOOD CARE & EDUCATION (WITH SNA)

It is now a requirement that all staff working directly with children must hold a minimum of QQI Level 5 Major Award in Early Childhood Care and Education (or equivalent). Throughout the course, students will gain experience in the childcare sector through work experience and class participation. On completion, opportunities may arise to work in the public and private sectors with children aged 0-6 years.

COURSE CONTENT

- Early Care & Education Practice
- Child Development
- Child Health & Wellbeing
- Communications
- Work Experience
- Early Childhood Education & Play
- Creative Arts for Early Childhood
- Children with Additional Needs
- Special Needs Assisting
- Occupational/Paediatric First Aid



CERTIFICATION

5M2009 QQI Level 5 Early Childhood Care & Education

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT | Early Childhood Studies | Level 8
- DkIT | Social Care | Level 8
- NUI Galway | Early Childhood Studies and Practice | Level 8
- TU Dublin | Early Childhood Care and Education | Level 8
- DCU | Early Childhood Education | Level 8
- DCU | Education and Training | Level 8

CAREER OPPORTUNITIES

Graduates progress to employment in various roles including:

Childcare Assistant | Special Needs Assistant | Classroom Assistant | Early Years Educator | Preschool Assistant | Child minding | Afterschool Assistant | Montessori Teacher



PHARMACY ASSISTANT

This course is designed to give you a solid foundation on which you can begin your career as a pharmacy assistant. Learners will develop medical knowledge to recognise common ailments and the skills necessary to assist with issues in the retail pharmacy sector. Learners will also complete cosmetic studies to assist with the informing and applying of beauty and make-up products.

COURSE CONTENT

- Medical Terminology
- Medicines Counter Assistant
- Cosmetic Studies
- Nutrition
- Retail Selling
- Reception and Frontline Skills
- Safety and Health at Work
- Customer Service
- Work Experience
- Infection Prevention & Control
- Word Processing
- First Aid



CERTIFICATION

5M4468 QQI Level 5 Community Health Services

IPU Medicines Counter Assistant Certificate

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- AIT | Pharmaceutical Sciences | Level 8
- DkIT | Pharmaceutical Science | Level 7
- TU Dublin/LyIT/IT Carlow | Pharmacy Technician Studies | Level 6
- GMIT | Applied Biology and Biopharmaceutical Science | Level 8
- AIT | Pharmaceutical Sciences (Drug Development & Analysis) | Level 7
- Sligo IT | Pharmaceutical Science with Drug Development | Level 8

Earn up to
€25,000 as a
pharmacy
assistant

CAREER OPPORTUNITIES

Graduates progress to employment in various roles including:

Medical Counter Assistant | Pharmacy Store Manager | Medical Secretary | Pharmacy Health Care Adviser | Health Store Adviser | Department Stores – Cosmetic Sales | Medical Sales Assistant

OCCUPATIONAL THERAPY ASSISTANT

This course is aimed at learners who love the challenge of problem solving and helping people in practical ways in their daily occupation. The specialist programme will guide learners to work as an assistant in occupational therapy to support older, injured, ill or disabled patients manage everyday activities.

COURSE CONTENT

- Care Support
- Occupational Therapy Assistant
- Occupational Therapy Assistant Theory
- Infection Prevention and Control
- Communications
- Human Growth & Development
- Anatomy and Physiology
- Work Experience
- Nursing Theory and Practice
- First Aid



CERTIFICATION

5M3782 QQI Level 5 Health Service Skills

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT/Sligo IT | Health Science and Physical Activity | Level 8
- DkIT | General Nursing | Level 8
- IT Carlow | Sports Rehabilitation and Athletic Therapy | Level 8
- Athlone IT | Sports Science with Exercise Physiology | Level 8
- University of Ulster | Occupational Therapy | Level 8 (UCAS/HPAT Application)
- TU Dublin | Sports Science & Health | Level 8

Earn up to
€32k as a
**Physiotherapy/
Occupational
Therapist
Assistant**

CAREER OPPORTUNITIES

The course will allow successful candidates to seek employment in locations such as:

Occupational Therapist Assistant | Physiotherapy Assistant | Care Assistant in Nursing Homes or Hospitals | Activity Coordinator | Personal Assistant in Schools | Care Assistant in Disability Services | Homecare Assistant | Healthcare Assistant

ADVANCED HEALTH & SOCIAL STUDIES

This course offers holders of a QQI Level 5 health related award or a QQI social studies/youthwork award the opportunity to undertake further studies in advanced health and social studies. This award will equip the learner with the necessary knowledge, skills and competence to undertake roles in social care, youthwork area and healthcare environments.

COURSE CONTENT

- Mental Health Awareness
- Disability Awareness
- Understanding Community Development
- Person Centered Planning
- Rehabilitation Practice
- Communications
- Work Experience
- Learning Difficulty Awareness
- Health Promotion



CERTIFICATION

6M2218 QQI Level 6 Social and Vocational Integration

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT | Social Care | Level 8
- DkIT | Community Youth Work | Level 7
- Maynooth University | Psychology | Level 8
- Maynooth University/TU Dublin | Community & Youth Work | Level 8
- AIT | Health Sciences with Nutrition | Level 8
- WIT | Health Promotion | Level 8

The average
Youth Work
salary is
€32k
a year

CAREER OPPORTUNITIES

Graduates can also progress to employment in various areas including:

Community Care | Youth and Community | Rehabilitation | Elderly Care | Community Intervention | Social Care | Health Science and Nutrition | Youth Work Leader | Disability Support Worker

ADVANCED EARLY CHILDHOOD CARE & EDUCATION

This one year course aims to provide students with the in-depth knowledge of child development and learning, along with quality supervisory skills and competence to work as a supervisor in an Early Childhood Care and Education setting. Graduates can progress directly into employment in the Early Years Services or gain entry to third level degree courses at Universities and ITs.

COURSE CONTENT

- Supervision in Early Childhood Care
- Early Childhood Curriculum
- Early Learning Environment
- Childhood Social, Legal and Health Studies
- Child Development
- Child Psychology
- Work Experience
- Communications
- Special Needs Assisting



CERTIFICATION

6M2007 QQI Level 6 Early Childhood Care and Education

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT | Early Childhood Studies | Level 8 (Advanced Entry)
- IT Carlow | Early Childhood Education & Care | Level 8
- Maynooth University | Arts/Psychology/Social Science | Level 8
- Maynooth University Early Childhood Teaching & Learning (part-time) | Level 8
- DCU | Early Childhood Education | Level 8
- NUI Galway | Arts (Children's Studies) | Level 8

CAREER OPPORTUNITIES

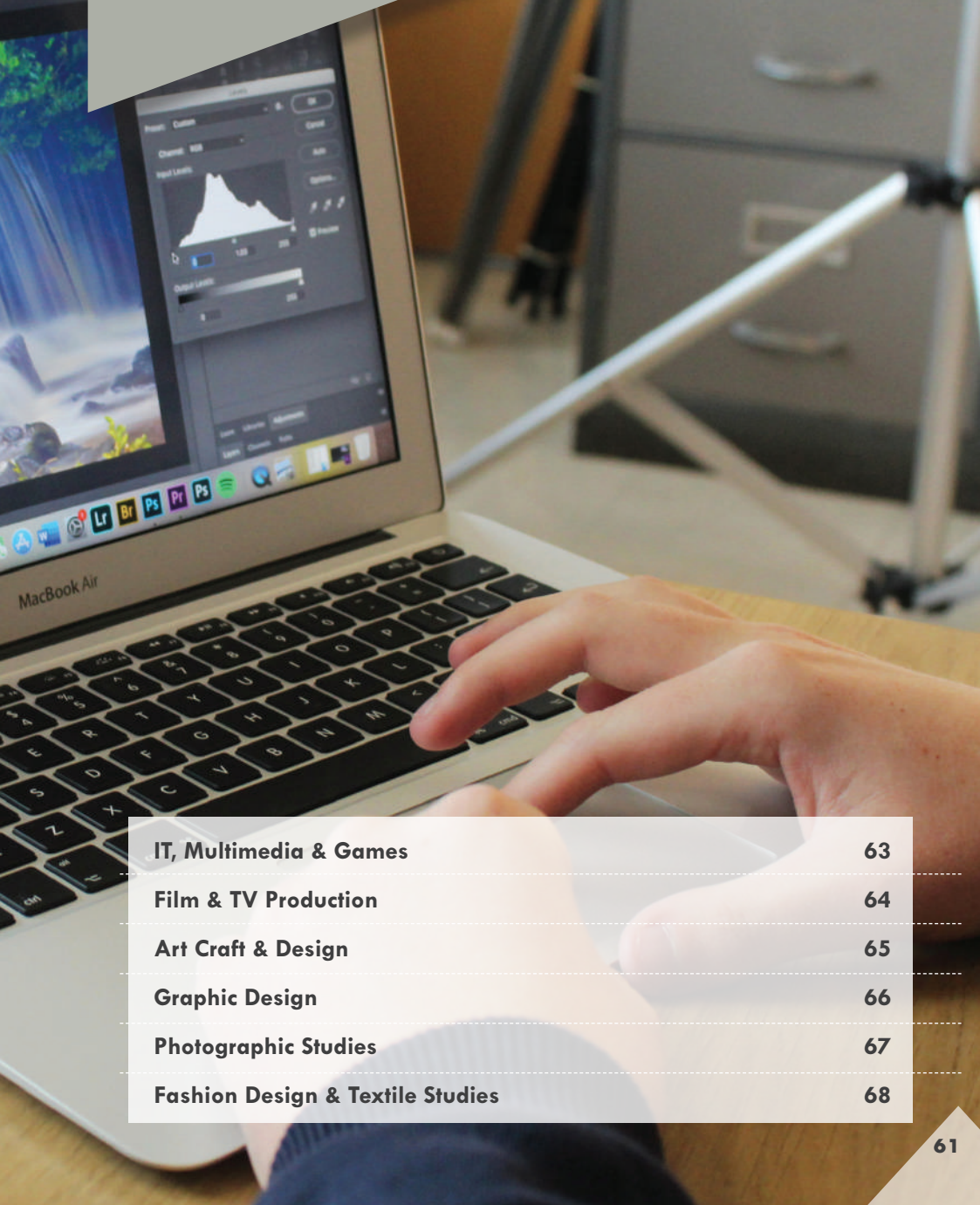
Graduates progress to employment in various roles including:

Early Years Room Leader | Childcare Practitioner in Crèche/Playgroups | Pre-School Room Leader | Private Childcare Settings | Au Pair | Montessori & ECCE Teacher





Art & Media



IT, Multimedia & Games	63
Film & TV Production	64
Art Craft & Design	65
Graphic Design	66
Photographic Studies	67
Fashion Design & Textile Studies	68

TESTIMONIALS

“

My studies in OFI helped me to secure a place at DIT in the Games Design course and I took this programme to become more proficient in the creative aspects of gaming. I would highly recommend doing a PLC course in OFI to another student, because I feel it really prepares students well for the reality of college life. I found the lecturers of OFI to be great, they were always helpful gave so much time and attention to all students.

Ruairí Pepper | IT, Multimedia & Games Graduate | 2018

The teachers gave me a lot of help and advice throughout the course which made me much more confident in my abilities. The course opened up so many progression choices including specialist programmes in NCAD and LSAD.

Fiona Brogan | Art, Craft and Design Graduate | 2016

Coming into this course without completing the Leaving Certificate meant I had a lot of anxiety about whether I was able to get where I wanted to be. This course did an amazing job at reassuring me. I'll be attending NCAD next and can recommend this course for everyone.

Tallon McGinn | Graphic Design Graduate | 2018

I enjoyed all aspects on the course including Digital and Film Processing, Digital Movie Processing, History of Photography. There are excellent lecturers and facilities with comprehensive supports available to learners. Following on from my year in Ó Fiaich Institute as a mature student, I received a place at Ulster University to study Photography and Video.

I would highly recommend this programme to anyone with an interest in visual media, be it stills photography or video production. A PLC course is great preparation and offers an insight to what lies ahead for anyone wishing to pursue 3rd level education.

Liam Duffner | Photography Graduate | 2018

”

IT, MULTIMEDIA & GAMES

The **Games Industry** is growing rapidly and this course is the perfect preparation for anyone interested in being involved in this dynamic and creative field. Students are introduced to the key skills used in the development of games, software and multimedia. The course was also designed to help students decide which of these areas they would like to pursue further.

COURSE CONTENT

- Games Analysis Design
- 3 Dimensional Computer Graphics
- 3D Modelling and Animation
- Desktop Multimedia Audio
- Animation
- Image Processing
- Web Authoring
- Programming Principles
- Communications
- Work Experience



CERTIFICATION

5M5048 QQI Level 5 Creative Media

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT | Computing in Games Development | Level 8
- TU Dublin | Games Design | Level 8
- DkIT | Creative Media | Level 7 / Level 8
- LIT | Game Design and Development/ Games Art and Design | Level 8
- IT Carlow | Computing in Interactive Digital Art and Design | Level 7
- Sligo IT | Computing – Games Development – Level 7

**85% of IT,
Multimedia &
Games graduates
have progressed to
Further or Higher
Education**

CAREER OPPORTUNITIES

Graduates progress to employment in various areas including:

**Indie Game Developer | Game QA Tester | 2D/3D Digital Artist | Website Designer |
Animator | Video Editor | Computer Programmer**

Learners will gain the skills and competence to work in television studio production crew roles or in single camera crew roles in a managed environment in a range of television and film production contexts.

COURSE CONTENT

- Film Production
- Television and Film Editing
- Image Processing
- Digital Movie Processing
- Animation
- Scriptwriting
- Desktop Multimedia Audio
- Communications
- Work Experience



CERTIFICATION

5M5158 QQI Level 5 Film & Television Production

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- DkIT | Film & Television Production | Level 8
- Maynooth University | Media Studies | Level 8
- LyIT | Digital Film & Video | Level 7
- DkIT | Creative Media | Level 8
- DkIT | Media Arts & Technologies | Level 7
- DkIT | Theatre and Film Practice | Level 7

€550 million
is the estimated
value of the
audio visual
content production
sector in Ireland

CAREER OPPORTUNITIES

Graduates progress to employment in various roles including:

Script Writer | Videographer | Video Editor | TV Studio Production Crew

ART, CRAFT & DESIGN

This course is offered to those who are looking to produce an exciting, competitive and creative body of art work. Students will gain skills in drawing, painting, ceramics and various other media. During the course students will explore a broad range of media in an experimental way. Students will prepare a portfolio of work required for entry into Art and Design colleges.

COURSE CONTENT

- Drawing
- Painting
- Combined Materials
- Sculpture
- Printmaking
- Embroidery
- Design Skills
- Communications
- Work Experience



CERTIFICATION

5M1984 QQI Level 5 Art, Craft and Design

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- NCAD | All Studio Courses | Level 8
- TU Dublin | Fine Art | Level 8
- TU Dublin | Interior Architecture | Level 8
- IADT | Art | Level 8
- IADT | Costume Design | Level 8

**An Art & Design
Educator's
starting salary
is €32k**

CAREER OPPORTUNITIES

Graduates progress to employment in various areas including:

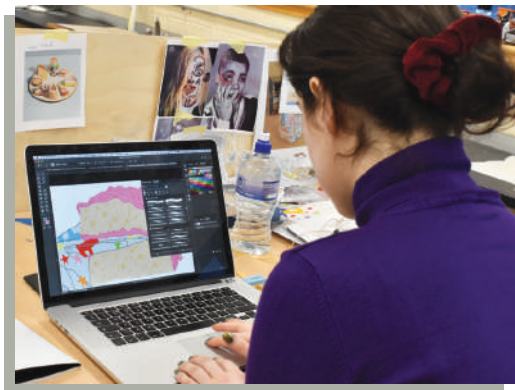
**Interior Design | Art and Design Education | Textile Design | Fashion Design | Painting |
Printmaker | Curator | Graphic Design | Multimedia | Ceramacist**

GRAPHIC DESIGN

Graphic design is a visual medium for communication as well as self-expression. It is about communicating visually in order to inform, educate, entertain or persuade. Students are offered the opportunity to explore aspects of design with a view to identifying strengths and achieving their aims, be it in assembling a portfolio to gain entry to a degree course, or to proceed to employment.

COURSE CONTENT

- Drawing
- Painting
- Combined Materials
- Printmaking
- Graphic Design Skills
- Design Skills
- Image Processing
- Communications
- Work Experience



CERTIFICATION

5M1995 QQI Level 5 Graphic Design

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- NCAD | All Studio Courses | Level 8
- TU Dublin | Visual Communication | Level 8
- TU Dublin | Interior Architecture | Level 8
- IADT | Visual Communication | Level 8
- IADT | 3D Design, Model-making & Digital Art | Level 8
- LIT | Art & Design - Common Entry | Level 8

**Design is a
growth industry
- jobs will
increase by
13%
by 2020**

CAREER OPPORTUNITIES

Graduates progress to employment in various areas including:

**Graphic Design | Animator | Multimedia | Fashion Design | Product Design |
Interaction Design | Motion Graphics**

PHOTOGRAPHIC STUDIES

Secure a qualification in this dynamic and fast moving sector. Gain a qualification to work in a visual industry with real rewards and influence people's perceptions on a daily basis. It will cover general photographic theory, thought process in developing concepts for projects and practical training in all aspects of photography and video (DSLR and DRONE), resulting in the creation of a high quality portfolio.

COURSE CONTENT

- Image Processing
- Digital Photography
- Photography Techniques
- Communications
- Work Experience
- Digital Movie Processing
- Documentary Photography
- Portrait Photography
- Web Authoring
- History of Photography and Visual Culture



CERTIFICATION

5M2094 QQI Level 5 Photography

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- TU Dublin | Photography | Level 8
- Ulster University | Photography with Video | Level 8
- DkIT | Communications in Creative Media | Level 8
- DkIT | Film and Television Production | Level 8
- IADT | Photography | Level 8
- LIT | Photography, Film, Video | Level 8

**30K is the
average starting
salary for a
Professional
Photographer**

CAREER OPPORTUNITIES

Graduates progress to employment in various areas including:

**Freelance Photographer | Aerial Photography | Social Media Manager | Photojournalist |
Portrait Photographer | Sports Photographer | Product Photographer | Magazine Editor |
Video Editor**

FASHION DESIGN & TEXTILE STUDIES

This Fashion and Textile course prepares learners for the creative and challenging world of fashion design and textiles. The course focuses on both two dimensional textile printing, fabric manipulation, embroidery and textile construction in a specialist fashion environment that stimulates a culture of creativity.

COURSE CONTENT

- Fashion Industry and Design Studies
- Design Skills
- Garment Construction
- Drawing
- Pattern Drafting
- Communications
- Work Experience
- Combined Materials
- Embroidery
- Printed Textiles



CERTIFICATION

5M3865 QQI Level 5 Fashion Design

PROGRESSION TO DEGREES

Graduates can progress to a variety of degree programmes including:

- NCAD | Fashion Design | Level 8
- NCAD | Textile Surface Design | Level 8
- NCAD | Combined Material Culture- Textiles | Level 8
- Griffith College | Fashion Design | Level 7/8
- LSAD (Limerick) | Fashion Design | Level 8
- Letterkenny IT | Fashion with Promotion | Level 7/8

**Ireland is home
to world renowned
Designers; Philip
Treacy, Paul
Costelloe, Orla
Kiely & Simone
Rocha.**

CAREER OPPORTUNITIES

Graduates progress to employment in various areas including:

**Fashion Designer | Textile Designer | Textile Marketing and Sales | Fashion
Merchandising | Stylist | Costume Designer | Pattern Drafter | Fashion Design
Production | Bespoke Dressmaker/ Tailor**

Ó Fiaich Institute Part Time/Evening Classes

OFI offers a wide range of evening classes from hobby type classes to fully certified courses. Our teachers are highly qualified, enthusiastic and committed to providing a quality education for each and every learner that enrolls. If you are considering returning to education, up-skilling, sampling a new career area or interested in meeting people with similar interests; enrolling in a night class in Ó Fiaich Institute may be for you.

Sample of Certified Awards/Modules

- QQI Business Administration - Level 5 & Level 6
- QQI Train the Trainer – Level 6
- QQI Nursing Studies – Level 5
- QQI Healthcare Support - Level 5 & Level 6
- QQI Early Childhood Care & Education - Level 5 & Level 6



All the above QQI modules are well recognised workplace qualifications. Continuing with a work theme there are a variety of professionally certified courses on offer including Basic Food Hygiene and People Moving & Handling.

Many people however opt to take a hobby class to learn a new language or skill. It is also a chance to meet new people. All participants receive a certification of completion.

Sample of Hobby/Special Interest/Short Courses

- | | | |
|-------------------------|-------------------------|------------------------------|
| • Digital Photography | • Tai Chi | • Introduction to Solidworks |
| • Dress Making & Design | • Couch to 5K | • Interior Design |
| • Flower Arranging | • Pilates | • Art and Design |
| • Makeup | • Computer Applications | • Language Courses |

Information & Enrolment Evenings

Information and enrolment evenings are held in early September/January. Both are advertised in local newspapers, on our website and on the Institute's social media pages. Students usually enrol online but they can also enrol for their chosen course at information and enrolment evenings. Advice on courses may be obtained at any of the information evenings or by contacting us at the details below.

Industry Training

OFI also offer training solutions to local industry with programmes tailored to meet the needs of specific businesses. This training can be delivered on site or on the college campus with employees. Both certified and non-certified solutions can be developed to support staff in the workplace.

Additionally under the new Skills to Advance initiative launched in early 2019, training is now available for various groups in the Irish workforce, particularly those who need to upskill to advance their working lives and careers. This training supports small and medium-sized enterprises (SMEs) who need assistance to invest in and develop their workforce.



www.louthnightclasses.ie
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Apply Online www.ofi.ie



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A91 WK75

Tel: 042 933 1398
Email: info@ofi.ie



Imetb
*Board Oidreachais agus
Oiliúna Lú agus na NE*
Leath- and Nollath Education
and Training Board



Ireland's European Structural and
Investment Funds Programmes
2014-2020

Co-funded by the Irish Government
and the European Union



EUROPEAN UNION

Investing in your future

European Social Fund